

Catharina Westphal/ Sandra Grimm

## **Bist du traurig? Bist du froh?**

ARE YOU SAD? ARE YOU HAPPY?

16 pp	Board Book
Format	19 x 19 cm
ISBN	978-3-473-43851-8
June 2020	EUR 7.99
Age	2 years and older

Playfully recognising and naming feelings  
Promotes children's emotional development

### **CONTENT**

In 6 short, easy-to-understand picture stories, this cardboard picture book takes children 2 years and over along into the fascinating world of feelings. A series of little vignettes form an easily comprehensible picture story, describing in brief texts what caused each feeling, what it feels like and how we can deal with it. The main focus is on a first introduction to emotions rather than on factual information. The last double page revisits and displays all feelings on one page.

### **THE AUTHOR**

Sandra Grimm began her career as an editor and is now a freelance author. Her background as a certified teacher offers a sound basis for her books for children and teenagers. She has three young children with whom she can test all her fun ideas.

### **THE ILLUSTRATOR**

Catharina Westphal was born in 1971 in the Netherlands, but grew up in Germany. She studied graphic design with a focus on illustration. Since 1998 she has been a freelance illustrator for a variety of publishers and has published numerous highly successful picture books and children's books. She lives with her family in Münster, Germany.

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